



**LEICESTER-SHIRE  
& RUTLAND SPORT**  
PHYSICAL ACTIVITY & WELLBEING

# HINCKLEY AND BOSWORTH HOW ARE **YOU**?

**Come along to Market Bosworth Market**

**Wednesday 24th January 2018 - 9am to 12noon**

For a FREE Health Check and advice on making  
lifestyle changes

For more information contact the Active Together team on  
01455 255908

[www.lrsport.org/oneyou](http://www.lrsport.org/oneyou)

**#LLROneYou**

BECAUSE THERE'S ONLY  
**ONE YOU**



Hinckley & Bosworth  
Borough Council